



August/  
September  
2014

# Delivering on Student Well-Being

EDUCATION - SCHOOLS



## Nutrition

- On July 1st, 2014 new SMART Snacks regulations went into effect. Schools are adjusting to offering items including whole grains, fruit and vegetables, while maximum targets for sodium, calories and fat are set.
- Snack bars now offer Domino's Smart Slice whole grain pizza OR Papa John's whole grain rich pizza.
- Phase 2 of the Healthy Kids Hunger Free Act increases the minimum amount of fruits and vegetables offered at breakfast.
- The week of September 22 six schools participated in our annual free breakfast promotion. Historically, this event has resulted in an increase of students eating a healthy breakfast.
- Liftoff visited most sites to boost awareness.



## Community

- This fall marked the opening of "SodexoMyWay" the new website. It has improved content for students and parents including school menus, meal payment, and current events.
- Premium staff salad bars were piloted Puesta Del Sol Elementary. Staff chose from a variety of fresh produce and toppings. We hope to roll this out at many more elementary schools this fall.



- September 5th kicked off fall barbeques in the elementary schools. Parents and students enjoyed grilled items in a festive atmosphere.
- Students at Maggie Cordova Elementary kicked off our Walk To School event; each student who walks to school on Wednesdays receives a free breakfast.
- A pasta dinner fund raiser for a child with a serious medical condition occurred at Martin Luther King Elementary September 2 and 4.



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## Achievement

- September 8th Cayla Price started as Rio Rancho Public Schools' Nutrition Educator. Her duties will include classroom education on proper nutrition, portion, and environmental consciousness. This will support our efforts in the Healthy Kids Hunger Free Act.
- Lisa Acevado with Sodexo Human Resources; provided training in employee development and engagement.
- Cooks from all six secondary schools participated in additional training on properly preparing fresh baked whole grain pizzas.



## Environment

- Mountain View Middle School continues the use of washable plates, cups, and utensils.
- Lincoln Middle School piloted individually wrapped apples and oranges on the fresh fruit and vegetable bars. This greatly reduced waste. Unused items can be repurposed. This program focuses on educating students on the importance of making healthy choices daily while giving them options to increase sustainability.





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### Activity

- On August 19, Rio Rancho Public Schools celebrated its 20 year anniversary. Balloons and special menu items marked the occasion.
- Speed of service was improved at all secondary schools. Students now have the ability to either scan their student ID card or enter their ID number through a keypad. This improves queue time when students forget or lose their ID.
- Food advisory committee meetings were held at Eagle Ridge Middle School and Rio Rancho High School. New items and services were discussed. Ongoing communication was established for future improvements based upon student feedback.
- New items for breakfast and lunch were tested in September: Cherry Blossom Chicken with steamed vegetables and rice, whole grain flat bread deli sandwiches, fresh fruit yogurt parfaits, and seasonal fruits were among the piloted items.
- Rio Rancho Elementary School received upgraded serving equipment. This improved presentation and service of food.
- Vista Grande Elementary's Cafeteria was redecorated to incorporate fresh marketing including brightly colored paint and nutrition focused posters.

